

# TUMOR M2-PK IN STOOL: A SCREENING TOOL FOR COLORECTAL CANCER

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**Introduction:** Proliferating cells, especially tumor cells, express a special isoenzyme of pyruvate kinase, termed M2-PK which can occur in a tetrameric form with a high affinity to its substrate phosphoenolpyruvate (PEP) and in a dimeric form with a low PEP affinity (<http://www.metabolic-database.com>). In tumor cells the dimeric form is usually predominant and is therefore termed Tumor M2-PK. An ELISA with monoclonal antibodies against Tumor M2-PK in stool has been developed. Until now only non-specific screening tests for blood in the stool could give a hint of events related to colorectal cancer in about 30% of cases. The present study includes 331 patients that underwent complete colonoscopy after the determination of Tumor M2-PK in stool.

**Materials and Methods:** Stool samples of patients with colorectal cancer and patients without pathological findings were tested. Tumor M2-PK in stool extracts was determined immunologically with a new quantitative sandwich-type enzyme immunoassay (ScheBo<sup>®</sup> • Tumor M2-PK<sup>™</sup>) which is based on two monoclonal antibodies (ScheBo<sup>®</sup> • Biotech AG, Germany).

## Results:

Groups	n	Mean [ U/ml ]	Median [ U/ml ]	Range [ U/ml ]	P vs. controls
Colorectal Cancer	100	57.7 ± 11.4	16.4	0.7 – 800.0	p < 0.001
Adenoma	107	4.9 ± 0.8	2.1	0.1 – 51.3	p ≥ 0.05
Controls	124	3.4 ± 0.5	1.6	0.1 – 30.6	

**Conclusion:** The fecal levels of Tumor M2-PK are significantly higher in patients with colorectal cancer than in samples of patients with adenoma or healthy controls (p<0.001). A reference concentration of >4 U/ml corresponds to a sensitivity of 76% for colorectal cancer. Specificity was 78% for the control group. In comparison to a variety of indirect tests that detect blood in stool with a sensitivity less than 30% Tumor M2-PK has a much higher sensitivity. The test directly detects a tumor-specific enzyme that is released by the tumor itself. Tumor M2-PK has the potential as a screening tool for the early detection of colorectal cancer.